

learn more about LAKE HOUSE ACADEMY



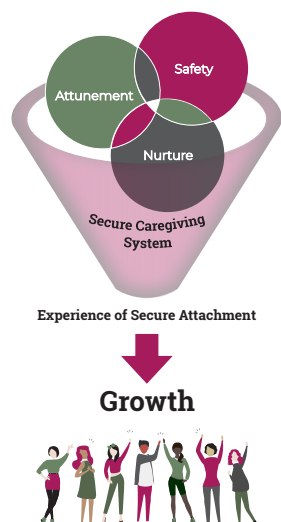
Lake House Academy is a therapeutic boarding school for girls, ages 12-16, nestled against the backdrop of a small lake in the Blue Ridge Mountains of North Carolina that provides students with a home away from home that creates an optimal therapeutic setting.

A Lake House Student May Exhibit

Academic struggles: ADD/ADHD, difficulty maintaining grade-level performance at school, disorganization and school phobias or refusal

Emotional struggles: Anxiety, depression, difficulty expressing emotions and feelings, grief and loss, impulsivity, low self-esteem or trauma

Relationship struggles: Attachment issues including adoption, difficulty making and maintaining relationships, difficulty recognizing social cues, family conflict



Our Clinical Model

Our Interpersonal Growth Model (IPGM) serves as a model for how we engage our families and students in all aspects of our program.

- Five group therapy sessions per week
- 90 minutes of family therapy weekly
- Canine assisted therapy
- Dyadic Developmental Psychotherapy
- Home studies and parent seminars
- Individual weekly therapy
- Theraplay

Lake House
Academy

Our Academics

A Blended Learning Model is an extension of the IPGM in that the goal is to establish a safe and secure learning environment, so that students can access academics. The model provides for:

- Accredited academics
- Individual and whole group teacher facilitated and direct instruction
- Individualized academic plans
- Awareness of Sensory Processing
- Use of multiple modalities for relevant, rigorous and therapeutically appropriate curriculum

Our Residential Life

- Extra-curricular opportunities (from music lessons to recreational sports)
- Farm to table program in spring, summer and early fall
- Seasonal activities (camping, swimming and snow tubing)
- Treatment team cohorts: Academic Advisor, Primary Therapist and Residential Lead
- Weekly community outings (art festivals, movies, hiking and more)

For more information, visit lakehouseacademy.com or email Erika Mackey, Director of Admissions, at: erika.mackey@lakehouseacademy.com

